

**SPRING 2025**

# Activity Programme

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

10-4pm THE HUB	10-4pm THE HUB	10-4pm THE HUB	10-4pm THE HUB	10-4pm THE HUB
12-1pm GYM*	12-1pm GYM*	12-1pm GYM*	12-1pm GYM*	12-1pm GYM*
12-1pm MULTI-SPORTS (SH)	12-1pm MULTI-SPORTS (SH)	12.15-1pm MULTI-SPORTS (SH)	12-1pm MULTI-SPORTS (SH)	12-1pm MULTI-SPORTS (SH)
	2-3pm MULTI-SPORTS (SH)	2.15-3.15pm MULTI-SPORTS (SH)	3-5pm MULTI-SPORTS (SH)	
		12-2pm MEET THE ANIMALS CLUB (N3)	12.30-1.30pm LGBTQIA+ CLUB	

## TREAT YOURSELF Salon Treatments

Facial Wellness Treatments,  
Manicure and Pedicure  
Wellness Treatments.

\*50% Discount for students.  
Bookings must be made  
via the Salon at least 7  
days in advance.

## LOCATION KEY

- The Hub
- Sports Hall (SH) / Fitness Suite (FS)
- Other Rooms (as marked)

\*Please note that an induction must be completed before using the gym